



29th National Conference of Indian Association for Social Psychiatry 2022

Theme: Changing Concepts of Mental Health and ill-Health
in the New Millennium



18th - 20th November, 2022



Taj Hotel & Convention Centre, Agra

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Scientific Program

Welcome Message



Esteemed Colleagues,

It is our great pleasure and privilege to invite you to join us at the **29th National Conference of Indian Association for Social Psychiatry 2022** going to be held at Agra from **18th – 20th November 2022**.

Agra, the city of eternal love symbolized by Taj Mahal, provides a perfect setting for organizing this learning and rejuvenating event. Agra was once Mughal seat of power and has been a historical mine. Moreover, Agra has been a major historical center of Psychiatry too. The organization of this National Conference will make Agra more important.

The theme of the conference is **“Changing Concepts of Mental Health and Ill-Health in the New Millennium”**. The Lectures, Interactive sessions and symposia are being planned during the conference. The IASP Scientific Committee and the Organizing Committee have compiled a well- balanced agenda with state-of-the-art professional highlights and social events to be remembered. The best-known luminaries in the field of Psychiatry will enlighten us with their dedicated work & vast experience. We promise an academic event, which will enhance your clinical acumen & psychiatry skills.

Your presence & participation in **29th NCIASP 2022** is essential for its grand success and we hope that you will return back with fond memories of the event.

Let us start with imparting knowledge of wisdom that leads to the betterment of the society.



Prof Pratap Sharan
President, IASP



Dr Varghese P. Punnoose
Secretary General, IASP



Dr Uttam C. Garg
Organizing Chairman



Dr Ashutosh K. Gupta
Organizing Secretary

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President



Prof Varghese Punnoose
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Dr Joice Geo

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Dr Sandeep Kumar Goyal

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Dr V D Meel
Dr Vinay Kumar
Dr Vivek Agarwal



Day 1: Friday, 18th November 2022

Time	Hall A
08.00 - 09.00 AM	Registration
09.00 - 10.30 AM	<p>Theme symposium: 'Changing Concepts of Mental Health and Ill Health in the New Millennium' Chair: Pratap Sharan, RK Solanki</p> <p>Roy Abraham Kallivayalil: The stewardship role of international mental health organizations Debashish Basu: How behavioural addictions are changing the rules of the game! Paulomi Sudhir: The fourth wave of psychotherapies Koushik S Deb: Ethics and laws for digital mental health</p>
10.30 - 11.15 AM	<p>Invited Lecture 1 Chair: Uttam C Garg, Mamta Sood "Public Mental Health- Intersection with Social Psychiatry" Debasish Basu</p>
11.15 - 11.30 AM	Tea
11.30 AM - 12.00 PM	<p>Presidential Address Chair: Rakesh K Chadda, Varghese P Punnoose Pratap Sharan</p>
12.00 - 01.00 PM	Inauguration & Awards Distribution
01.00 - 02.00 PM	<p>Lunch E Posters 1-12 Chair: Piyali Mandal, Mini Sharma</p>
02.00 - 02.45 PM	<p>A Venkoba Rao Oration Roy Abraham Kallivayalil 'Person Centred Medicine and Psychiatry- Emerging Perspectives' Chair: TSS Rao, Vinay Kumar</p>

02.45 - 03.15 PM	Invited lecture 2 Chair: IRS Reddy, GS Kaloiya The question of self in western and non-western society: implications in counselling and psychotherapy Amitranjan Basu			
03.15 - 04.15 PM	Balint Award Chair: Debashish Basu Gyanendra Kumar 1. Rohit Verma 2. Mini Sharma			
04.15 - 05.00 PM	JK Trivedi Award Chair: PK Singh Ashutosh Gupta 1. Kartik Singhai, Jitender Aneja, Mukesh Swami, Pratibha Gehlawat 2. Ashlyn Tom, Shubham Nanoli, Rohit Verma 3. Kashyapi Garg, S Nagendran			
05.00 - 05.45 PM	Anil Malhotra Award Chair: P Joseph Varghese Jaimon P M 1. Mahadev Singh Sen, Apinderjit Kaur, Rakesh Lal, Siddharth Sarkar 2. Pooja Shakya, Anju Dhawan, Rachna Bhargava, Biswadip Chatterjee 3. Mini Sharma, Dinesh Kataria, Nitin B. Raut, Shiv Prasad, Parvaiz Alam			
Time	Hall A	Hall B	Hall C	Hall D
05.45 - 07.00 PM	Symposium A Endoxifen Chair: TP Sudhakar Rajesh Nagpal	Free Papers 1(1-8) Chair: Ajay Kumar Sagar Bipin Karia	Free Papers 2(9-16) Chair: Aseem Mehra Sheena G Soman	Free Papers 3(17-23) Chair: Smitha CA Mahadev Singh Sen
07.00 - 08.00 PM	Meet the Teachers			
8.00 PM	Dinner			

Day 2: Saturday, 19th November 2022

Time	Hall A	Hall B (8.00 - 9.00AM)	Hall C (8.00 - 9.00 AM)	Hall D (8.00 - 9.00AM)
08.30 - 10.00 AM	Workshop 1 Chair: Anil Gaur Joice Geo Tips for writing and submitting a research paper: A workshop for young mental health professionals Siddharth Sarkar, Jitender Aneja, Hitesh Khurana,	Symposium 01 Chair: Krishna Kadam Atul Ambekar Use of tramadol therapeutically for the treatment of opioid dependence: Rationale, Experience and Caveats Prabhoo Dayal, Siddharth Sarkar, Piyali Mandal, Kirti Sharma	Symposium 02 Chair: Brahmdeep Sandhu Vikas Jain Traumatic Life Events & Psychopathology in Adolescence and Young Adulthood: Theories, Neurobiology & Pathophysiology, Impacts, Assessment, and Intervention Ananya Mahapatra, Vandana Choudhary, Rishi Gupta, Sujata Sathpathy	Symposium 03 Chair: Deepak Raheja Shikha Tyagi "Green time", "Blue time" and "Me time": Embracing the role of lifestyle based mental health care in psychiatry Virtu Chongtham, Shivangi Mehta, Bandana Bist
		9.00 AM -10.00 AM Symposium 04 Chair: Ashish Deshpande Koushik Sinha Deb Futuristic use of Cannabis in India and across the globe. Pros and Cons. Gautam Anand, Umang Gupta, Shreya Kataria, Srishti Arora	9.00 AM -10.00 AM Symposium 05 Chair: Sivalingham Sushil K Dimensions of Social Psychiatry in COVID-19 Era G. Prasad Rao, U.C. Garg, N. N. Raju	9.00 AM -10.00 AM Symposium 06 Chair: Nishant Goyal Smitha Ramdas Unveiling mental health during the COVID-19 pandemic through a Biopsychosocial lens: Theory, Practice & Strategies Ananya Mahapatra, Prerna Sharma, Meenu Anand

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Time	Hall A	Hall B	Hall C	Hall D
10.00 - 11.00 AM	Symposium 07 Chair: Vishal Sinha Sandeep Kumar Goyal Roles Of Psychiatrists in Emergency Medical Services Ajay Kumar, Aseem Mehra, Arti Yadav	Symposium 08 Chair: Mrugesh Vaishnav Sagar Lavania Impact Of Mental Illness and Addiction on Family and Its Management GS Kaloiya, SA Basir, Jay Singh Yadav, Prashant Mishra	Symposium 09 Chair: SC Tiwari PS Baghel Mental Health Issues and Substance Use Among Medical Students Sandeep Grover, Adarsh Tripathi, Siddharth Sarkar	Symposium 10 Chair: RN Sahu JR Kalra Need For Developing Comprehensive Indian Model of Social Case Work, Counselling and Psychotherapy as Contribution to Social Psychiatry in India V Sayee Kumar
11.00 AM - 12.00 PM	NN De Oration Mamta Sood 'Improving Outcomes for Psychoses in Resource Constraint Settings: Looking Beyond Pharmacology' Chair: Indira Sharma G Prasad Rao			
12.00 - 01.00 PM	Symposium 11 Chair: Sidharth Sarkar Vikas Menon Psychosocial Impact of Migration of Youth from India to Developed Countries Varghese P Punnoose, Joice Geo, Jaimon P M, Subha T	Workshop 2 Chair: Rohit Verma Shashi Rai Designing and conducting support groups Ruksheda Syeda, Wilona Braganza, Kashypi Garg	Symposium 12 Chair: S Nagendran Laxmi Kant Rathi Psychiatric Comorbidities and Its Management in Psoriasis Priyanka Sharma, Anshuman Tiwari, A Q Jilani, Deepak Sharma	Free papers 4(24-30) Chair: Prabhoo Dayal Vidya Ganapathy
01.00 - 02.00 PM	BB Sethi Award Poster Session Chair: Tushar Jagawat, Swarndeep Singh Rahul Mathur Aniruddha Basu LUNCH E Posters 13-25 Chair: Arti Yadav, Kiran Jakhar Symposium B: Evolution of Antidepressants- Focus on Vortioxetine Adarsh Tripathi, Sandeep Grover Chair: UC Garg, TSS Rao			

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Time		Hall A			
02.00 - 02.45 PM	Invited Lectures 3 Chair: Roy Abraham Kallivayalil, Pratap Sharan 'The Triad in Psychiatric Care: A Caregiver's Perspective' Amandeep Sandhu				
02.45 - 03.30 PM	Invited Lectures 4 Chair: NN Raju, Sandeep Grover "Family Interventions in the New Millennium" Mathew Varghese				
Time	Hall A	Hall B	Hall C	Hall D	
03.30 - 04.30 PM	Symposium 13 Chair: Rajiv Gupta Rupesh Chaudhary Development Of Panic and Anxiety National Indian Questionnaire Pratap Sharan, Manoj Sahu, Sowmya HR, Suprabha Shrivastava, Mahjabin Nayeem	Symposium 14 Chair: Anil Prabhakaran Mahesh Gowda Clinical Expressions and Experiences of Eating Habits and Eating Disorders in Children, Adolescents and Young Adults Smitha C A, Vidya Ganapathy Sheena G Soman	Symposium 15 Chair: N P Singh P Krishnamohan Mental Health Issues in a Disaster Situation Kshirod K. Mishra Prashant Mohapatra, Samrat Kar	PG QUIZ Jitender Aneja Koushik Sinha Deb Jaimon P M	
04.30 - 05.30 PM	Symposium 16 WFMH Symposium Chair: KK Mishra Bansi Suwalka Life Style and Mental Health Indira Sharma, Roy Abraham Kallivayalil, Sunil Mittal	Symposium 17 Chair: Raveesh B N Vipul Tyagi Integrating Perinatal Mental Health Care: Service Delivery Models Perna Kukre ti, Omsai Ramesh V, Bhavuk Garg	Symposium 18 Chair: Mushtaq Marqoob, Hitesh Khurana Working in community: CAPPS approach to make mental health and wellbeing for all a global priority Purushottam, Vinay, Priti Singh, Sunila		
05.30 PM onwards	Annual GB meeting				
Banquet Dinner					

Day 3: Sunday, 20th November 2022

Time	Hall A	Hall B	Hall C	Hall D
08.00 - 8.30 AM	Registration			
08.30 - 9.30 AM	Free papers 5(31-36) Chair: Nishtha Chawla Shipra Singh	Free papers 6(37--42) Chair: Gautam Anand Manoj Sahu	Free Papers 7(43-48) Chair: Sajjadur Rehman Arpit Parmar	Free Papers 8(49-54) Chair: Nitin Raut Priyanka Sharma
09.30 - 10.30 AM	Symposium 19 Chair: Sanjeev Kale Vikas Thanvi Smartphones and elderly: Opportunities, problem use and mental health perspective Nitin Raut, Sajjadur Rehman, Shipra Singh	Symposium 20 Chair: Mohammed Aslam Navkiran Mahajan The Role of Internet and Digital Technology in Shaping Mental Health Related Help-Seeking Behaviours in The New Millennium Swarndeep Singh, Subhash Das, Shubh Mohan Singh	Symposium 21 Chair: R C Maniar M A Majid Dual Diagnosis: A View from Clinicians Across Different Sites Siddharth Sarkar, Yatan Pal Singh Balhara, Amit Singh, Arpit Parmar	Free Papers 9(55-61) Chair: Anoop Vincent SA Basir
10.30 - 11.30 AM	Invited Plenary Symposium			
11.30 AM- 12.30 PM	Chair: Savita Malhotra Jitender Aneja 'Protocol Based Management of Psychosis: Learnings and Future Application' S.P Singh, RK Chadda, Mamta Sood, Vaibhav Patil, Nishtha Chawla Chair: Nitin Gupta Vaibhav Patil 'WIC-Youth Mental Health initiatives at SCARF: Results, impact and future directions' Swaran Singh, Padmavati Ramachandran, Vijaya Raghavan, Sangeetha Chandrasekaran, Greeshma Mohan			
12.30 - 1.30 PM	Symposium 22 Chair: RK Mahendru Shobit Garg Female sexual dysfunctions: A recent update on scientific understandings and psychological interventions TSS Rao, Adarsh Tripathi	Symposium 23 Chair: Hemant Singh Vijaya Raghavan Medical Student mental health: Exploring systems of well-being in the new millennium Pratap Sharan, Aishwarya Raj, Divyani Khurana, Suprabha Shrivastava	Symposium 24 Chair: N M Patil Dinesh Rathor Understanding of Sex Disorders and Digital Approach in treatment Gautam Anand, Umang Gupta, Shreya Kataria, Srishti Arora	Workshop 3 Chair: T Kumaran Wilsona Braganza Enhancing Effectiveness of Case Work, Counselling and Psychotherapy Practice by Developing Micro Skills of Listening V Sayee Kumar
1.30 - 2.30 PM	Valedictory Function and Installation of New President LUNCH			



List of Participants Free Papers

S No	Name	Presentation Schedule
1.	Abhilakshya Jyoti	18th November 5.15 PM to 7.00 PM Hall B
2.	Latha K	
3.	Santosh Kumar Barik	
4.	Tushar Jagawat	
5.	R.K.Mahendru	
6.	Adharsa Ajayan	
7.	Drishti Sharma	
8.	Harsh Singh	
9.	Akul Gupta	
10.	Prashant Singh	18th November 5.15 PM to 7.00 PM Hall C
11.	Arif Ali	
12.	Subha T	
13.	Neethu S Cherian	
14.	Anirudha Atul Salunke	
15.	Rishabh Chandra	
16.	Fayaz Ahmad Paul	
17.	Anjalee L. Nagda	18th November 5.15 PM to 7.00 PM Hall D
18.	Nirnay Sachdeva	
19.	Nityasree Koduri	
20.	Khushboo	
21.	Sahil Goyal	
22.	Subhrajyoti Barik	
23.	Tamanna Hooda	
24.	Ravi chandran	19th November 12.00 PM to 1.00 PM Hall D
25.	Kanmani TR	
26.	Preeti	
27.	N. Janardhana	
28.	Liya Fathin Siraj	
29.	Nayana R Nakul	
30.	R.K.Mahendru	

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S No	Name	Presentation Schedule
31.	Ranjith Prabhu James	20th November 8.30AM to 9.30 AM Hall A
32.	Suddhendu Chakraborty	
33.	Haripriya.J.P	
34.	BP Nirmala	
35.	Swati Kedia Gupta	
36.	Mysore Narasimha Vranda	
37.	Yogender Malik	20th November 8.30AM to 9.30 AM Hall B
38.	Akanksha	
39.	Gyan Nihal N	
40.	Anshumi Bhattacharya	
41.	Zeba khan	
42.	Nand Asare	
43.	Praveen Rikhari	20th November 8.30AM to 9.30 AM Hall C
44.	Sandeep Kaur Dhillon	
45.	Shobhit Mathur	
46.	Akanksha Shukla	
47.	Manjusha Mohandas	
48.	Simran Doria	
49.	Prerna Kukreti	20th November 8.30AM to 9.30 AM Hall D
50.	Parvaiz Alam	
51.	Ganesh K Mallaram	
52.	Mini Sharma	
53.	Ayushi Bisht	
54.	Aayush Kapoor	
55.	R Dhanasekara Pandian	20th November 9.30AM to 10.30 AM Hall D
56.	Sweta Verma	
57.	Manish Singh	
58.	Alisha Aluna	
59.	Sowmya H R	
60.	Aanchal Singh	
61.	Osheen Saxena	



E POSTERS

S No	Name of the Presenter	Poster Number
1	Chandra Bala	EP1
2	Abhilakshya Jyoti	EP2
3	M Goutham Kiran	EP3
4	Prashant Singh	EP4
5	Vasundhara Bhushan	EP5
6	Nayab Anjum	EP6
7	Biplab Konwar	EP7
8	Aakanksha Kharb	EP8
9	Renjith R. Pillai	EP9
10	Porimita Chutia	EP10
11	Mallika Singh	EP11
12	Lovesh Saini	EP12
13	Bharti Mohanpuria	EP13
14	Pinki Sevda	EP14
15	Roopsi Kakkar	EP15
16	Aanchal Singh	EP16
17	Atreyee Dutta	EP17
18	Sonali Aggarwal	EP18
19	Arnav Sharma	EP19
20	Shruti Zunzunwala	EP20
21	Tarun Tripathi	EP21
22	Yogi Rana	EP22
23	Vasu Mishra	EP23
24	Akul Gupta	EP24
25	Jahanara	EP25







Organizing Chairman

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